

Nationwide Managed Fee-for-Service Plans Plan name	Telephone number	Web- site	Enrollment code		Total Biweekly Premium		Your Share of Biweekly Premium	
			Self only	Self & family	Self only	Self & family	Self only	Self & family
Plans open to all								
Alliance Health Plan	202/939-6325		YQ1	YQ2	134.42	284.97	49.44	101.68
APWU Health Plan	800/222-2798		471	472	108.76	238.68	23.78	55.39
Blue Cross and Blue Shield Service Benefit Plan-High	local phone #		101	102	135.63	290.01	50.65	106.72
Blue Cross and Blue Shield Service Benefit Plan-Std*	local phone #		104	105	99.88	222.71	14.90	39.42
GEHA Benefit Plan*	800/821-6136		311	312	108.31	233.60	23.33	50.31
Mail Handlers-High	800/410-7778		451	452	110.95	234.02	25.97	50.73
Mail Handlers-Std	800/410-7778		454	455	76.67	166.40	8.63	18.72
NALC	703/729-4677		321	322	115.20	246.18	30.22	62.89
Postmasters-High*	703/683-5585		361	362	187.83	405.27	102.85	221.98
Postmasters-Std	703/683-5585		364	365	113.90	246.38	28.92	63.09
Plans open only to specific groups								
Association Benefit Plan	800/634-0069		421	422	†	†	†	†
Foreign Service	202/833-4910		401	402	101.83	247.60	16.85	64.31
Panama Canal Area	504/566-3501		431	432	92.06	199.65	10.36	22.46
Rural Carrier Benefit Plan	800/638-8432		381	382	106.12	216.34	21.14	33.05
SAMBA	301/984-1440		441	442	111.78	263.24	26.80	79.95
Secret Service	800/424-7474		Y71	Y72	88.41	209.52	9.95	26.23

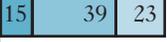
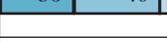
*Offers a Point of Service product.

† See your Personnel Office.

Nationwide Managed Fee-for-Service Plans Plan name	Benefit type	Medical-surgical											
		You pay				Plan pays							
		Deductible		Catastrophic limit		Inpatient care				Outpatient care			
		Calendar year	Inpatient hospital	Per person	Per family	Hospital		Doctor		Hospital		Doctor	
						Room & board	Other	Surgeon	Other	Surgeon	Other	Tests	Accidental injuries
Plans open to all													
Alliance Health Plan	Non-PPO PPO	\$300 \$100	\$250 \$150	\$3,000 \$2,000	\$3,000 \$2,000	70% 90%	70% 90%	70% 90%	70% 90%	70% 90%	70% 90%	70% 90%	100% 100%
APWU Health Plan	Non-PPO PPO	\$250 \$250	\$200 None	\$3,500 \$2,000	\$3,500 \$2,000	70% 90%	70% 90%	70% 90%	70% 90%	70% 90%	70% 90%	70% 90%	100% 100%
Blue Cross and Blue Shield Service Benefit Plan-High	Non-PPO PPO	\$150 \$150	\$100 None	\$2,700 \$1,000	\$2,700 \$1,000	100% 100%	100% 100%	80% 95%	80% 95%	80% 95%	* *	80% 95%	100% 100%
Blue Cross and Blue Shield Service Benefit Plan-Std	Non-PPO PPO	\$200 \$200	\$250 None	\$3,750 \$2,000	\$3,750 \$2,000	100% 100%	100% 100%	75% 95%	75% 95%	75% 95%	* *	75% 95%	100% 100%
GEHA Benefit Plan	Non-PPO PPO	\$250 \$250	None None	\$3,500 \$2,500	\$4,000 \$3,000	100% 100%	80% 90%	80% 90%	80% 90%	80% 90%	80% 90%	80% *	100% 100%
Mail Handlers-High	Non-PPO PPO	None None	\$250 None	\$3,000 \$2,000	\$3,000 \$2,000	100% 100%	100% 100%	70%* *	70% *	70%* *	70% *	70% *	100% 100%
Mail Handlers-Std	Non-PPO PPO	\$100 None	\$300 \$150	\$3,000 \$3,000	\$3,000 \$3,000	100% 100%	100% 100%	70%* 95%*	70% *	70%* 95%*	70% *	70% *	100% 100%
NALC	Non-PPO PPO	\$275 \$275	\$100 None	\$3,500 \$3,000	\$3,500 \$3,000	80% 100%	80% 100%	70% 85%	70% 80%	70% 85%	70% 80%	70% 80%	100% 100%
Postmasters-High	Non-PPO PPO	\$275 \$200	\$150 None	\$2,500 \$2,500	\$2,500 \$2,500	100% 100%	85% 100%	85% 95%	80% 95%	85% 95%	80% 95%	80% 95%	100% 100%
Postmasters-Std	Non-PPO PPO	\$300 \$200	\$600 \$350	\$6,700 \$3,000	\$6,700 \$3,000	70% 100%	70% 95%	70% 95%	70% 95%	70% 95%	70% 95%	70% 95%	100% 100%
Plans open only to specific groups													
Association Benefit Plan	Non-PPO PPO	\$250 \$250	\$100 None	\$2,000 \$2,000	\$2,000 \$2,000	80% 100%	80% 100%	80% 90%	80% 90%	80% 90%	80% 90%	80% 90%	100% 100%
Foreign Service	Non-PPO PPO	\$250 \$250	\$175 None	\$2,500 \$2,500	\$3,000 \$3,000	80% 100%	85% 85%	90% 90%	80% 90%	100% 100%	80% 90%	80% 90%	100% 100%
Panama Canal Area	Non-PPO	None	\$125	\$1,000	-	100%	80%	100%	SA**	100%	75%	75%	100%
Rural Carrier Benefit Plan	Non-PPO	\$250	\$200	\$2,500	\$3,000	100%	80%	85%	75%	85%	75%	75%	SA**
SAMBA	Non-PPO PPO	\$300 \$200	\$200 \$200	\$1,500 \$1,500	\$2,000 \$2,000	70% 100%	70% 95%	70% 95%	70% 95%	70% 95%	70% 100%	70% 95%	100% 100%
Secret Service	Non-PPO	\$200	\$100	\$1,000	\$2,000	100%	100%	80%	80%	80%	80%	80%	100%

*Copayment applies. See brochure for details.

** Scheduled Allowance.

Plan name	Plan code	Quality Indicators - Plan performance based on enrollee ratings: ● above average; ● average, ○ below average (Numeric average for all Fee-for-Service plans in heading)												Top rated plans		
		% satisfied with plan			Coverage (93%)	Access to care (92%)	Choice of doctors (72%)	When sick, can get appointment (83%)	Quality of care (88%)	Provider thorough and competent (88%)	Explanation of care (85%)	Results of care (84%)	Plan handles your questions well (80%)		Process claims quickly (97%)	Costs you pay (85%)
		 % Extremely satisfied	 % Very satisfied	 % Somewhat satisfied												
Plans open to all																
Alliance Health Plan*	YQ		○	●	●	●	●	●	●	●	●	●	○			
APWU Health Plan	47		●	●	●	●	●	●	●	●	●	●	●			
Blue Cross and Blue Shield-High	10		●	●	●	●	●	●	●	●	●	●	●			
Blue Cross and Blue Shield-Std	10		●	●	●	●	●	●	●	●	●	●	●	✓		
GEHA Benefit Plan	31		●	●	●	●	●	●	●	●	●	●	●	✓		
Mail Handlers-High	45		●	●	●	●	●	●	●	●	●	○	○			
Mail Handlers-Std	45		○	●	●	●	●	●	●	●	●	○	○			
NALC	32		○	●	○	●	●	●	●	●	●	●	○			
Postmasters-High	36		●	●	●	●	●	●	●	●	●	●	○			
Postmasters-Std	36		●	●	●	●	●	●	●	●	●	○	○			
Plans open only to specific groups																
Association Benefit Plan	42		●	●	●	●	●	●	●	●	●	●	●	✓		
Foreign Service	40		●	●	●	●	●	●	●	●	●	●	●			
Panama Canal Area	43															
Rural Carrier Benefit Plan	38		●	●	●	●	●	●	●	●	●	●	●			
SAMBA	44		●	●	○	●	●	●	●	●	●	●	●			
Secret Service	Y7		○	●	●	●	●	●	●	●	●	●	●			

*1997 Survey data